

## MoM-MHPSS-TF-North-5

<b>Date</b>	Wednesday December 2, 2015	<b>Venue</b>	IMC Quobayat
<b>Time</b>	11:30am to 12:45pm	<b>Minutes prepared by</b>	Nour Kik
<b>Organizations attending</b>	International Medical Corps, MoPH, Restart Center, UNHCR, UNICEF.		

### Agenda

- Presentation of the 2016 targets of the Mental Health and Substance Use strategy for Lebanon 2015-2020
- Review of the MHPSS TF draft action plan for 2016
- General Updates

<b>Discussion</b>	<b>Action / Decision / Suggestion</b>
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**1. Presentation of the 2016 targets of the Mental Health and Substance Use strategy for Lebanon 2015-2020**

- **Targets to be achieved by the end of 2016 in the national strategy were presented (Available in the end of the strategy document which is accessible on the following link <http://www.moph.gov.lb/AboutUs/strategicplans/Pages/MentalHealthStrategy.aspx> )**
- **Other activities achieved/started by the NMHP in 2015:**
  - National mental health campaign
  - Review and standardization of the list of psychotropic medications currently under use by the different organizations prescribing or dispensing such medications
  - Roll-out mhGAP TOT for Lebanese University Faculty of Public Health members
  - Expansion and formalization of partnerships with governmental and non-governmental entities
  - Building of Support and Supervision Unit
  - Development of proposals in collaboration with other organizations (LebMash, UNFPA, SanteSud, MDM, IMC, Embrace...)
  - Development of mhGAP job aids
  - Development of MH protocols for integration into the PHC HIS

<ul style="list-style-type: none"> <li>▪ Development of accreditation standards and licensing requirements for residential substance use programmes</li> <li>▪ Development of a media toolkit</li> </ul>	
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<p><b>2. Review of the MHPSS TF draft action plan for 2016</b></p>	
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<p>➤ The draft MHPSS TF action plan for 2016, developed based on discussions made within the task force in all regions, was reviewed:</p> <ul style="list-style-type: none"> <li>▪ Referral system project (Build referral system, develop crisis management protocols and conduct trainings (including PFA trainings)</li> <li>▪ Conduct an online 4Ws assessment bi-annually</li> <li>▪ Develop and report on key indicators on MHPSS and substance use service utilization</li> <li>▪ Develop an action plan for staff care recommendations uptake based on staff care assessment results</li> <li>▪ Develop a code of ethics for NGOs working in MHPSS</li> <li>▪ Identify range of salaries and benefits for MH specialists working in humanitarian field</li> <li>▪ Harmonize recruitment criteria for hiring MH specialists</li> <li>▪ Scale-up mental health trainings for ER staff in selected key hospitals</li> <li>▪ Conduct trainings for CP and SGBV case workers on how to identify and refer mental health cases in children and adults</li> <li>▪ Conduct trainings for front-liners/community mobilizers on identification and referral for children in need protection and provide Support &amp; Supervision by CP sector</li> <li>▪ Conduct trainings for committees in the regions (youth committee, family committee...) on recognizing main MH signs and symptoms and referral</li> <li>▪ Conduct trainings for Refugee Outreach Volunteers (ROVs) on recognizing and referring severe mental disorders and on Psychological First Aid</li> <li>▪ Conduct IPT trainings and supervision for 20 participants selected from TF organizations, universities and scientific societies.</li> </ul>	<p>➤ Discussion around action plan:</p> <ul style="list-style-type: none"> <li>- Suggestion to integrate indicators on MHPSS with the activity info.</li> <li>- Suggestion to include CP ROVs among trainees.</li> <li>- For UNHCR general and health ROVs, plan already available to provide training. They have received PFA trainings last year.</li> <li>- Suggestion to train focal persons from CMC (Collective shelter Management and Coordination) committees in informal settlements as they play a significant role in the management of all the settlement and they are in daily contact with people</li> </ul>
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<p><b>3. General Updates</b></p>	
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<p>➤ The NMHP is developing a mental health and substance use strategy for prisons and detention centers, one of the objectives (5.5.1) of the national strategy. Field visits, focus group discussions with inmates and ISF officers, and bilateral meetings with relevant actors are being conducted.</p>	
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<p><b>Next meeting: Wednesday January 13, 2015 at 11:30am at Restart Center, Tripoli.</b></p>
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