

List of psychotropic and neurologic medications

Recommended by the National Mental Health Programme

For use at the Emergency Department – v2.0

November 2017

In the context of training emergency department staff in public and private hospitals on mental health emergencies,

And in the context of the integration of mental health services into primary healthcare centers, and the provision of specialized mental health services by local and international non-governmental organizations to displaced Syrians, Palestinian refugees and vulnerable Lebanese

And after the harmonization of the psychotropic and neurologic medications list for prescription in humanitarian setting in the context of Syrian crisis,

And after taking into consideration the available medications in Lebanon as listed in the National Drug Index¹, the need to have a sustainable supply of psychotropic and neurologic medications for all population residing in Lebanon including in the emergency rooms of the hospitals, the need for public health relevance, evidence of efficacy, safety and comparative cost-effectiveness, and the need for continuum of care,

And in line with the National Mental Health and Substance Use Strategy for Lebanon 2015-2020²,

The National Mental Health Programme recommends that the list of psychotropic and neurologic medications in the emergency rooms of private and public hospitals include the following medications:

Class	Medication (molecular name)	Form and Dosage
Antipsychotics	Haloperidol	Injectable solution - 5 mg/ml
	Chlorpromazine	Injectable solution - 25 mg/5ml
	Risperidone	Tablet – 1mg
Antiepileptic / Mood stabilizers	Sodium valproate	Injectable solution - 100 mg/ml
Antiepileptic /Anxiolytics	Diazepam	Injectable solution - 10 mg/2ml
	Lorazepam	Tablet – 2mg
Antiepileptic	Phenytoin	Injectable solution - 250mg/5ml
Anti-opioid overdose	Naloxone	Injectable solution - 0.4mg/ml
Treatment of antipsychotic medications side-effects	Promethazine	Injectable solution - 50 mg/ml
Vitamins in case of delirium	Vitamin B1	Injectable solution - 100 mg/ml

¹ Ministry of Public Health of Lebanon. 2015. National Drug index, fifth edition, available at <http://www.moph.gov.lb/userfiles/files/HealthCareSystem/Pharmaceuticals/LNDI/LNDI-2015.pdf>

² Ministry of Public Health. 2015. Mental Health and Substance Use- Prevention, Promotion, and Treatment- Situation Analysis and Strategy for Lebanon 2015-2020. Beirut: Lebanon, available at <http://www.moph.gov.lb/userfiles/files/Programs%26Projects/MentalHealthProgram/MentalHealthStrategy-Eng%20-2015.pdf>