Republic of Lebanon
Ministry of Public Health

الجمهورية اللبنانية
وزارة الصحة العامة

Psychotropics

Patient information

Patient name (اسم المريض الثلاثي)_____ Date of birth _____ ☐ Male ☐ Female

Mohafaza and Caza (المحافظة والقضاء)_____City (البلدة)_____

Street _____ Building _____ Phone _____/_____

Medical Information

Height _____cm Weight _____kg Body Mass Index (BMI)_____ kg/m^2

Waist Circumference _____cm Blood Pressure _____mmHg

Course of Illness ☐ First episode ☐ Relapse ☐ Chronic

Diagnosis

☐ **Schizophrenia** (F20.0 to F29) ☐ **Bipolar** disorders (F30.0 to F31.9)

☐ **Depression** disorders (F32.0 to F39) ☐ Anxiety disorders (**GAD, PTSD, OCD**…) (F40.0 to F48.9)

☐ Developmental disorders (F70.0 to F79.9) ☐ Behavioural and Emotional disorders (**ADHD**…) (F90.0 to F99)

☐ Other Mental Health disorders (F01.0 to F19.9; F50.0 to F69; F80.0 to F89), specify _____

Medications

Mention all current treatments_____

Medication reconciliation done[1] ☐ Yes ☐ No

Psychotropic medication requested (name and dosage in mg/day) _____

Is this medication prescribed in line with MOPH guidelines? ☐ Yes ☐ No

If not, specify the reason for this exception_____

_____

_____

Physician Information

Physician Name _____ Phone number _____LOP registration No_____

Date ____/____/_____ Signature and Stamp _____

Documents to be submitted

1- Copy of ID (هوية أو إخراج قيد فردي) with a copy of the Quarantina card
2- Detailed psychiatric report (ensure mentioning the management of physical comorbidities such as diabetes and dyslipidemia where present in addition to informing the patient about potential severe side-effects of some psychotropic medications such as clozapine and atomoxetine)
3- Psychiatric prescription with exact dosage and duration
4- For clozapine (i.e. Leponex) prescription, CBC test (once every month)
5- For antipsychotic medicarions (if BMI>29): Metabolic syndrome once a year: blood glucose, lipid profile
6- Better to perform an EKG once before start of Paliperidone injection (i.e, Invega sustenna),

NB: This form must be completed by the treating physician personally, and original reports should be attached

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[1] Medication reconciliation is the process of comparing the newly prescribed medications to all of the medications that the patient has been taking; it is done to avoid medication errors such as omissions, duplications, dosing errors, or drug interactions