Guideline for Hospital Admission

Ministry of Public Health - Lebanon

Otitis media indications for admission

Acute otitis media is a disease which in most cases resolves spontaneously within 7-14 days.

Indications for further evaluation or hospitalization include:

- Recurrent acute otitis media (6 or more episodes in the last 12 months)
- Persistent otorrhea
- Concerns about mastoiditis or other complications
- Abnormal audiologic evaluation
- Perceived need for tympanocentesis and/or myringotomy

References:

Evidence Based Clinical Practice Guideline for medical management of Acute Otitis Media. Cincinnati Children's Hospital Medical Center, 2006.

Surgical management of otitis media with effusion in children. National Collaborating Centre for Women's and Children's Health. National Institute for Health and Clinical Excellence. 2008.

Checklist:

	Present	Absent
Recurrent acute otitis media (6 or more		
episodes in the last 12 months)		
Persistent otorrhea		
Concerns about mastoiditis or other		
complications		
Abnormal audiologic evaluation		
Perceived need for tympanocentesis and/or		
myringotomy		