# **Guideline for Hospital Admission**

# Ministry of Public Health - Lebanon

## **Total Hip Replacement (THR)**

#### **Purpose:**

The aim of this guideline is to provide a framework for the medical controller to help him/her decide on the appropriateness of any admission for THR. It is not intended to be a clinical guideline for physicians, but rather a form of medical support for administrative purposes.

## **Background:**

The Diagnosis requiring Total Hip Replacement should be clearly identified. In general, the primary indication for total hip arthroplasty (THA) is to relieve pain caused by severe arthritis.

Roentgenographic findings must correlate with a clear clinical impression of hip arthritis. Exhaust all conservative treatment measures before considering surgery.

In general may determine that a hip replacement is appropriate for you if you have severe pain or significant disability resulting from one or more of the following conditions: (Radiological evidence of obliteration of hip joint space).

- Deterioration of the hip joint cartilage (osteoarthritis).
- Inflammation in the lining of the hip joint (rheumatoid arthritis).
- Physical injury to the hip joint resulting in arthritis (traumatic arthritis).
- To correct problems caused by previously failed surgeries.
- Certain breaks in the hip joint bones (fractures).

So an interview with the patient is mandatory to check for disability and to make sure that conservative treatment was done.

#### **References:**

National Collaborating Center for Chronic Conditions: Osteoarthritis National Clinical Guidelines for care and management in Adults 2008.

## **Checklist:**

	Present	Absent
Radiologic evidence of:		
Deterioration of the hip joint cartilage (osteoarthritis).		
Inflammation in the lining of the hip joint		
(rheumatoid arthritis).		
Physical injury to the hip joint resulting in arthritis		
(traumatic arthritis).		
Problems caused by previously failed surgeries.		
Certain breaks in the hip joint bones (fractures).		
Evidence of failure of medical treatment for pain		
management.		