

Minutes of Meeting – Monthly MHPSS TF Meeting

Date	May 7 th , 2024	Venue	Online via Zoom application
Time	2:00 PM – 4:07 PM	Minutes prepared by	Samyah Awada (MOPH-National Mental Health Program)
Organizations attending	Amel Association, CDLL, Embrace, GIZ - RP MHPSS, ICRC, International Medical Corps, INTERSOS, IOCC, Medair, Medecins du Monde, MSF OCB, NISCVT, Order of Malta, Restart Center, SIDC, Skoun, Tabitha, UNFPA, UNHCR, UNHCR BML field office, UNICEF, University of Cambridge, WHO		

Agenda

1. Updates from the National Mental Health Programme
2. Presentation by the UNFPA on CMR Trainings
3. Presentation by Luma E. Bashmi on PhD Research Project “Development of an IC-ADAPT modelled intervention framework to promote public mental health among Syrian refugees in Lebanon”
4. Updates and challenges to be shared by partners
5. AoB

Discussion	Action / Decision / Suggestion
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1. Updates from the National Mental Health Programme *Please refer to the presentation for full details

Updates on National MHPSS Task Force Coordination

- Updated TORs (in progress)
- Lebanon Humanitarian Fund's (LHF) First Standard Allocation for 2024
- 6 Committees - 2024 Objectives (Reactivation of Committees # 1 and 4)

NMHP Activity Updates

- Finalizing the National Mental Health Strategy 2023-2030
- Integration of Mental Health into PHCs: Piloting of the national model Mental Health packages
- National Intersectoral MHPSS Emergency Preparedness & Response Plan
 - The online 4Ws MHPSS services mapping platform → For any questions, please reach out to jiana.tabbara@nmhp-lb.com
 - National PFA trainings → For any questions or requests, please reach out to sylvana.chlela@nmhp-lb.com
- Training of healthcare providers in hospitals on psychiatric emergencies
- Key Messages - 13 Self-care videos and 23 Key messages
 - Accessible on the NMHP YouTube page and Google Drive link:

→ Each organization is to reconfirm the name of the MH focal person and an alternate person.
<https://forms.gle/LdjkUy8KWEKtuUDt7>

Reminder:

- Partners are to consult with NMHP before submitting any proposals related to MH.
- Partners are to inform the NMHP of planned trainings or other activities.

<p>https://www.youtube.com/@nationalmentalhealthprogra2067/videos https://drive.google.com/drive/folders/1XQnRXNWC07AlxjqbeGFyhh7RXikLKnEL?usp=sharing</p> <ul style="list-style-type: none"> • Self-Help Plus Trainings • Self-Help Plus Podcast → https://resources.nmhp-lb.com 	
<p>2. Presentation by the UNFPA on CMR Trainings *Please refer to the presentation for full details</p>	
<p>Clinical Management of Rape</p> <ul style="list-style-type: none"> • Key Concept Definitions <ul style="list-style-type: none"> ○ In Lebanon marital rape is not criminalized. • Steps for Clinical Management of Rape • Background • Clinical Management of Rape task force (CMRTF) <ul style="list-style-type: none"> ○ Established under the leadership of MOPH and UNFPA • CMR National strategy <ul style="list-style-type: none"> ○ 6 Strategic areas • CMR Key interventions • CMR Facilities • Capacity development plan on CMR by UNFPA • CMR sensitization training • CMR Training on Standard Operating Procedures 	<p><u>Aya Harb from NMHP:</u></p> <p>We will be sending out to all the task force members the date and the invitation for the CMR training.</p>
<p>3. Presentation by Luma E. Bashmi on PhD Research Project “Development of an IC-ADAPT modelled intervention framework to promote public mental health among Syrian refugees in Lebanon” *Please refer to the presentation for full details</p>	
<ul style="list-style-type: none"> • Why Lebanon and mental health? <ul style="list-style-type: none"> ○ (Refer to the notes below the slides throughout the presentation) • Overview: Refugee Crisis in Lebanon and Impact on Mental Health • Challenges in Mental Health & Psychosocial Support (MHPSS) for MENA Displaced Populations • PhD Research Phases & Methods • Target and Comparison Populations • Study Design & Recruitment 	<p>→ If you are interested in being part of this research or would like more information, please contact:</p> <p>Ms. Luma Bashmi Email: Lb921@cam.ac.uk Number/WhatsApp: +97339887548</p>
<p>4. Updates and challenges to be shared by partners</p>	
<p><u>Partners Activities:</u></p> <ul style="list-style-type: none"> • Integration pilot program with Salamtak PHC (IOCC) • A capacity-building program (Restart Center) • Telehealth consultations (Order of Mala) • First aid program (ICRC) 	<p><u>Aya Harb from NMHP:</u></p> <p>If you have any team members who are interested in receiving the PFA training for frontliners, please provide us with the list of these members, at</p>

- A community-based MHPSS program (Medair)
- Psychotherapy for people in need (Tabitha)
- Community comprehensive MHPSS services (IMC)
- A package with the child protection sector (UNICEF)

least 25 persons, to receive the PFA training through our trainers or your trainers.

➡ Aya.Harb@nmhp-lb.com

5. AoB

Next meeting: