

North MoM-MHPSS TF

Date	Thursday January the 17 th 2019	Venue	Restart Center - Tripoli
Time	2:00pm to 3:00pm	Minutes prepared by	Alain Gebrayel (MOPH-National Mental Health Programme)
Organizations attending	ABAAD, Himaya, International Committee of the Red Cross and Red Crescent, International Medical Corps, International Organization of Migration, Lebanese Ministry of Public Health (National Mental Health Programme), Restart Center, UNHCR		

Agenda

1. Updates from MHPSS Actors on Activities for 2019
2. Updates on Information Management Systems
3. Overview of the Final MHPSS Task Force Action Plan 2019
4. Any Other Business

Discussion	Action / Decision / Suggestion
1. Updates from MHPSS Actors on Activities for 2019	
<ul style="list-style-type: none"> ➤ IOM will be partnering with Safadi Foundation and one other local organization to implement their psychosocial support activities. 	<ul style="list-style-type: none"> ➤ All activities are available on the online 4Ws platform. This is a kind reminder for organizations who haven't mapped out their activities to do so as soon as possible. ➤ 4Ws platform link : http://app.moph.gov.lb/4ws/
2. Updates on Information Management Systems	
<ul style="list-style-type: none"> ➤ 4Ws Online Platform: <ul style="list-style-type: none"> ○ 36 organizations registered ○ 16 active organizations ○ 207 activities mapped ○ 150 activities published ➤ MHPSS Monthly Indicators: <ul style="list-style-type: none"> ○ 26 organizations registered ○ 14 organizations reported last month 	<ul style="list-style-type: none"> ➤ 4Ws Online Platform: <ul style="list-style-type: none"> ○ Gentle reminder to publish your activities as soon as all sections are filled ○ If the exact activity is not found in the sub activities list then pick the one closest to the activity

implemented and add a brief description in the “Additional Info”

- Activities can be duplicated and edited afterwards if same activities are implemented in two different locations

➤ MHPSS Monthly Indicators:

- Kind reminder that the deadline to submit the online monthly report for December is on the 15th of January. System would close after that!
- Whenever you are done reviewing or reporting on the MHPSS indicators, do not forget to send to facility director

➤ If you are facing any challenges, issues, having any questions or request a walkthrough, please contact:

- Sara Soueidan - saraesoueidan@gmail.com
- Alain Gebrayel - gebrayel.alain@gmail.com

➤ The PDF attached with this file by the name “Information Management Systems” has images of the points previously mentioned.

3. Overview of the Final MHPSS Task Force Action Plan 2019

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| <ul style="list-style-type: none">➤ Establish mental health emergency response mechanism➤ Scale-up capacity-building for crisis management among frontliners➤ Increase substance use response services in North and South➤ Increase services for children with special needs in remote and rural areas➤ Develop shelters/supported housing for persons with mental disorders➤ Develop guidelines for evidence-based quality MHPSS services for children➤ Create consensus among actors on a model for technical support and supervision for mental health in organisations➤ Integrate the standardized M&E tools developed in MHPSS programmes and ensure monitoring system➤ Harmonize compensation of mental professionals across organisations➤ Harmonize clinical files across organisations➤ Develop staff care policy for NGOs➤ Roll-out self-care training for frontliners➤ Develop criteria for triage of persons to be admitted for psychiatric admission | <ul style="list-style-type: none">➤ Restart center and UNHCR are willing to support the implementation of the objectives related to developing guidelines for quality PSS through potentially hosting any workshop that might be needed for consultation of actors in the North.➤ Coordination has started with the PSS committee to join efforts around PSS and set out a joint action plan. Two objectives of the action plan of the task force for 2019 will contribute to defining quality PSS (development of M&E tools for MHPSS programmes and developing guidelines for evidence-based quality MHPSS services for children).➤ A survey will be sent to the North MHPSS TF to collect feedback on the action plan before finalization. |
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4. Any Other Business

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| <ul style="list-style-type: none">➤ Step by Step, the electronic self-help intervention for adults with depression is now in the Randomized Control Trial Phase. This phase is to test the effectiveness of the intervention as compared to face to face interventions in the Lebanese context. | <ul style="list-style-type: none">➤ It would be much appreciated if your organizations share the Step By Step videos that are posted on Ministry of Public Health platforms. Link to the video: |
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➤ The project is currently piloting the RCT with 60 participants only. The definitive RCT will be launched in June with 1000 participants.

https://www.youtube.com/watch?v=rJz53eHQ_V8&feature=youtu.be

➤ The Step By Step intervention is available as an app for Android users:
<https://play.google.com/store/apps/details?id=de.fuberlin.stepbystep>

➤ Website for iOS users:
<https://khoutouwat.com/>

Next meeting: (06/02/19 from 2:00pm to 3:00pm, Restart Center - Tripoli)